RECOVERY IN MOTION

A Recovery and Wellness Center
Supporting Our Community and You!
300 Scheeler Rd. Chestertown, MD 21620
410-778-5894

APRIL 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28 RIM CLOSED	29 OPEN 10-5 **10AM Restoring Families Support Group** **4PM Women's Group**	**30** OPEN 10-5 **1-3PM Mid-Day Matinee** ***(movies + snacks)*** **4PM Men's Group**	**31** OPEN 11-7 **2PM Anxiety and Depression Group** **5PM "TeenChangers" Group**	1 RIM CLOSED	2
3	4 RIM CLOSED	5 OPEN 10-5 **10AM Restoring Families Support Group** **4PM Women's Group**	6 OPEN 10-5 **1-3PM Mid-Day Matinee** ***(movies + snacks)*** **4PM Men's Group**	7 OPEN 11-7 **2PM Anxiety and Depression Group** **5PM "TeenChangers" Group**	8 RIM CLOSED	9
10	11 RIM CLOSED	12 OPEN 10-5 **10AM Restoring Families Support Group** **4PM Women's Group**	13 OPEN 10-5 **1-3PM Mid-Day Matinee** ***(movies + snacks)*** **4PM Men's Group**	14 OPEN 11-7 **2PM Anxiety and Depression Group** **5PM "TeenChangers" Group**	15 RIM CLOSED	16
17	18 RIM CLOSED	19 OPEN 10-5 **10AM Restoring Families Support Group** **4PM Women's Group**	20 OPEN 10-5 **1-3PM Mid-Day Matinee** ***(movies + snacks)*** **4PM Men's Group**	21 OPEN 11-7 **2PM Anxiety and Depression Group** **5PM "TeenChangers" Group**	22 RIM CLOSED	23
	25 RIM CLOSED	26 OPEN 10-5 **10AM Restoring Families Support Group** **4PM Women's Group**	27 OPEN 10-5 **1-3PM Mid-Day Matinee** ***(movies + snacks)*** **4PM Men's Group**	28 OPEN 11-7 **2PM Anxiety and Depression Group** **5PM "TeenChangers" Group**	29 RIM CLOSED	30

1-on-1 Peer Support is Available Mon and Fri By Appt. Only

Walk-in 1-on-1 Peer Support is Available Tues – Thurs

"TeenChangers" Ages 14-18

Activites, Education, Support, Movies, Games

Check Out Our Facebook Page for Updates and Additional Information

Job Search Assistance, Computer Skills, Prevention/ Education, Recovery Housing, Support Groups

*** Anxiety and Depression Group Facilitated by Chesapeake Voyagers

Contact Brenna Fox 410-778-5894 to schedule a 1-on-1