

PATIENT RESOURCES
(English and Spanish)

Social Distancing:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>

<https://espanol.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>

Quarantine & Isolation:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html>

<https://espanol.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html>

What to do if You are Sick:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

<https://espanol.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

Caring for Someone Sick at Home:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html>

<https://espanol.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html>

Households Living in Close Quarters

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/living-in-close-quarters.html>

<https://espanol.cdc.gov/coronavirus/2019-ncov/daily-life-coping/living-in-close-quarters.html>

Cleaning and Disinfecting Your Home:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html>

<https://espanol.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html>

Fever and Symptom Monitoring Log

<http://kenthd.org/wp-content/uploads/2020/03/COVID-19-Fever-and-Symptom-Monitoring-Log.pdf>